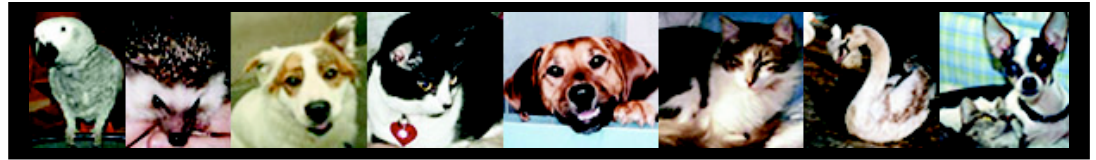


How can TTouch help?

TTouch is proven to help with such *wellness* and *behavioral* issues as:

- Basic training
- Enhancing willingness and ability to learn
- Reducing nervousness, tension, stress; inappropriate barking, chewing; leash pulling; jumping up
- Reducing fears associated with thunder and loud noises; of strangers/vet visits; of animals or objects; resistance to bathing, grooming and nail trimming
- Improving performance of service, show and competition animals
- Encouraging socialization and interactions with new people and animals
- Assisting with the introduction of a new pet or baby
- Enhancing quality of life
- Boosting the immune system
- Helping with emergency medical situations, such as shock
- Aiding recovery from illness, injury or surgery
- Alleviating pain/discomfort
- Supporting seniors & terminals
- Reducing fears associated with the "last goodbye"
- ...And much more!

Veterinarians and health care professionals, trainers, animal behaviorists, zookeepers, shelters and rescue groups, breeders, and pet owners the world over are using TTouch. It is also now part of the Complimentary Healing Modalities curriculum at a leading university.



The Tellington Touch® Method of Training, Rehabilitation and Wellness is a holistic and gentle method for your pet's training, rehabilitation and wellness.

What is TTouch?

TTouch, or the Tellington Touch Method of Training, Rehabilitation and Wellness, is a focused approach to animal care and behavior modification that provides a foundation for a gentler, more enjoyable, stress-free relationship with your animal companion.

TTouch is holistic in nature, is non-invasive, supports other training methods and veterinary care, and consists of gentle circular TTouches, stroking and lifting TTouches, Body Wraps, Leading Exercises, and the Confidence Course. Often mistaken for petting or massage, it is neither of these, but rather a hands-on approach using only gentle pressure, just enough to move the skin in a circular direction. And it's a straightforward technique for pet owners to learn.

Many behavioral and wellness issues have been alleviated—and even eliminated—with TTouch.

It also just feels good to your animal!

www.MiTails.com

NEW Publication! ^{Bobbi's} strays

We have also been hard at work producing a new publication for one of the rescue groups we work with... all proceeds from the sale of this publication help fund a new shelter for Bobbi and the Strays animal rescue group.

There are articles on holistic options for pets—including TTouch; interviews with celebrity champions; inspiring stories about animals and the people who help them. And it's for a great cause!

We've attached Bobbi's latest eNewsletter:

^{Bobbi's} strays CATS'N'DOGS

which gives you more information about the publication, about the organization, and ordering information. Subscribe to the e-newsletter by sending your email address to: bobbimag1@aol.com

Mindful Tails News

Our summer has been a busy one!

- We were asked to write an article on TTouch for The Mayor's Alliance for NYC's Animals e-Newsletter: *Out of the Cage*. It's in the Pet Care Corner of their latest issue: <http://www.animalalliancencyc.org/newsletter/06-08/petcare.htm>
- We held a series of TTouch workshops at the NY Open Center in Manhattan on TTouch for: *Cats and Other Exotics; Graceful Aging and Senior Pets; Wellness Care; and Fear Issues*.
- Clients also put together their own groups of personalized TTouch workshops for cats, dogs, and even one for rabbits. We all had lots of fun.
- To our delight, we were asked to host the TTouch booth at an annual Dachshund Weiner Roast picnic where we demonstrated and spread the word about TTouch to over 100 rescued Doxies and their owners! What a day!
- We continue to work with rescue and shelter animals, as well as hospice and special needs animals.
- You'll find us at the "Ask the TTouch Practitioner" booth at *Mayor's Alliance/Maddie's Pet Adoption Festivals* around NYC.
- Mindful Tails will also be hosting booths and doing the lecture circuit again this coming fall. Check our website for updates.