

## TELLINGTON TTOUCH METHOD / CASE STUDY

### “FOXY”



#### ANIMAL INFORMATION

Breed/Color: DOG / Red Pomeranian  
Sex/Altered: Male / Yes  
Age/Wt.: 14 years / ≤15 lbs.  
Background: Rescued and adopted

**CATEGORY:** Care of Aging, Ill, Terminal or Special Needs Animals

**DIAGNOSIS:** Stomach/digestive condition (possible recurrence of cancer); lethargic; not eating.

#### CASE SUMMARY

Recently, my client called asking if I could help with another of her dogs, Foxy. She was impressed with how TTouch had been helping Buddy and hoped that it could have an effect on Foxy, who was not doing well and had stopped eating.

Foxy had not been feeling well, was experiencing breathing difficulties, and had a history of persistent cough when excited. A trip to the Vet included medication to aid his breathing, along with the news that it was probable his cancer had returned. Possible surgery was considered. Then, when Foxy refused to eat even his favorite foods, began hiding in the corner, barely able to get up or walk, she became even more upset and concerned about Foxy. The main goal was to get Foxy to eat, but nothing enticed him and he even became visibly nauseous when presented with food. When I began gently working with Foxy, I too was concerned about how lethargic he was. Afterwards, I discussed some options with my client and, as I prepared to leave, Foxy came into the kitchen looking for food. Needless to say, we are all thrilled, and even I can hardly believe it.

A week later and Foxy is still relishing every morsel he can get, is active again and more like himself. My client still keeps asking, “What did you do to him?” All I can say is that I feel TTouch helped Foxy overcome an obstacle, and I’m just happy I could lend a TTouch hand.

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by Mary Bruce, PiT, TTACTION 18

Case History Session: 10/04