TELLINGTON TOUCH SERIES

Introduction to Tellington Touch FOR ANIMALS

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Are the founders of Mindful Tails, www.mitails.com

Introduction to Tellington Touch for Animals

This evening we will hear about the basic philosophy and conceptual framework of the Tellington Touch (TTouch) method and what it can do for animals. TTouch has gained wide acceptance for its ability to reduce stress, boost the immune system, rectify behaviors and remedy issues that cause adopters to reject pets. Note: Attendees should bring a stuffed toy animal and an ace bandage. This introduction is a requirement for the series. Instructor approval is needed to bypass the introduction.

> Wednesday, July 12, 7:45 – 9:45 pm **06SHP19TA**

TTouch for Cats and Exotic Companion Animals

This workshop provides a hands-on approach to specific TTouch techniques for cats, rabbits, birds, small mammals, ferrets, rodents, fish, reptiles, and other "extreme" companion animals, addressing behavior and wellness issues.

> Wednesday, July 19, 7:45 – 9:45 pm **06SHP19TB**

Graceful Aging for Senior Animals with TTouch

If your animal is aging, already a senior, or has special needs, TTouch is a gentle way to promote wellness, increase circulation and the quality of life by focusing on specifics and alleviate the discomfort of general disease and pains; and accelerates healing and recovery.

Wednesday, July 26, 7:45 – 9:45 pm **06SHP19TC**





Vitality and Health: Using TTouch as **Preventive Care**

This workshop focuses on specific ways to use TTouch in preventive care. Strengthen, enhance an animal's body's defense system and increase your animal's life expectancy.

> Wednesday, August 2, 7:45 – 9:45 pm **06SHP19TD**

Alleviating Fears with TTouch

This workshop provides a hands-on approach to alleviating animals' fears and tension on a cellular level. Ttouch addresses such issues as fear of loud noises, thunder, strange surroundings, people or animals, vet visits or grooming, etc. *Note:* Owners may bring a pet if it is quiet. Please inform registration if you are bringing an animal. This course is recommended for pet owners and all animal care professionals.

> Wednesday, August 9, 7:45 – 9:45 pm **06SHP19TE**

> > A Weekly Course (5 sessions)

Wednesdays, July 12 - August 9, 7:45 – 9:45 pm **06SHP19TZ**

\$125 Members / \$150 Nonmembers/ **Individual Sessions \$26**